

Click the logo below to learn more and sign up:



To fellow Christians, Pastors, and Denominational Leaders,

Make Lent an opportunity to enter into a spiritual discipline of fasting from carbon.

Last year, over 6,000 people in every state and 14 countries participated in a daily invitation to fast from carbon as their Lenten discipline.

Initiated by the UCC in 2011, endorsed by Episcopalians in 2012 and promoted in countless places the world over, here's our hope:

If you're a pastor – SIGN UP... and:

- email this invitation to the people in your parish, tell them you'll be participating, AND
- convene a weekly Lenten discussion focusing on the Carbon Fast. **MAKE THIS YOUR CHURCH'S LENTEN PROGRAM!**
- And if you're part of a local clergy association, email it to your colleagues, too.

If you are a denominational leader – SIGN UP... and:

- email this invitation to the pastors in your region, AND
- email this invitation to your regional colleagues who lead other denominations.

AND FOR ALL WHO MAY PARTICIPATE:

For hundreds of years, Ash Wednesday (February 22, 2012) marks the beginning of a time when Christians engage in spiritual disciplines involving repentance, fasting, prayer, study and works of love. Living as we are at a time when our actions - along with the actions of only a few generations - have threatened creation as we know it by the excessive burning of fossil fuel, it is fitting to engage in a spiritual discipline of fasting from carbon.

[Click here to join us as we commit to fasting from carbon during Lent.](#)

Here's how it works:

Beginning Ash Wednesday and throughout Lent, participants will receive a daily email with the day's suggested carbon-reducing activity. When possible, this will include a quantitative measure of the carbon reduction resulting from the activity.

Make this your congregation's Lenten activity:

Organize an opportunity within your congregation for members to meet each week during Lent to discuss their own experience with this fast, AND specifically to discuss the weekly themes which focus on how the church can engage this issue.

Please forward this invitation – to others in your congregation and to other pastors.

Yes... we are on Facebook! Beginning on Ash Wednesday, February 22, each day's activity will be cumulatively posted on this page. [Click here to go to the Facebook page.](#)

Let's make protecting God's creation by reducing our carbon footprint as fundamental a spiritual discipline as prayer.